

## APPLIED SCIENCES AND ENGINEERING

# Application of a sub-0.1-mm<sup>3</sup> implantable mote for in vivo real-time wireless temperature sensing

Chen Shi<sup>1</sup>, Victoria Andino-Pavlovsky<sup>1</sup>, Stephen A. Lee<sup>2</sup>, Tiago Costa<sup>1,3</sup>, Jeffrey Elloian<sup>1</sup>, Elisa E. Konofagou<sup>2,4</sup>, Kenneth L. Shepard<sup>1,2\*</sup>

There has been increasing interest in wireless, miniaturized implantable medical devices for in vivo and in situ physiological monitoring. Here, we present such an implant that uses a conventional ultrasound imager for wireless powering and data communication and acts as a probe for real-time temperature sensing, including the monitoring of body temperature and temperature changes resulting from therapeutic application of ultrasound. The sub-0.1-mm<sup>3</sup>, sub-1-nW device, referred to as a mote, achieves aggressive miniaturization through the monolithic integration of a custom low-power temperature sensor chip with a microscale piezoelectric transducer fabricated on top of the chip. The small displaced volume of these motes allows them to be implanted or injected using minimally invasive techniques with improved biocompatibility. We demonstrate their sensing functionality in vivo for an ultrasound neurostimulation procedure in mice. Our motes have the potential to be adapted to the distributed and localized sensing of other clinically relevant physiological parameters.

## INTRODUCTION

Implantable medical devices are widely used to provide the monitoring and mapping of biological signals, the support and enhancement of physiological functions, and the mitigation and treatment of diseases (1). They are having transformative impact on health care and improving the quality of life for millions of people (2). Particularly, implantable devices for monitoring physiological parameters, such as temperature (3–7), blood pressure (4, 7–10), glucose (11), and respiration (12), to inform an individual's health state are of great importance and interest for both the diagnostic and therapeutic procedures (9, 13, 14). These devices perform in vivo sensing and recording of relevant signals directly at the target locations for early diagnosis of health issues (15), allowing necessary interventions to be deployed at the onset of adverse events (1).

Conventional implanted electronics are highly volume inefficient, generally requiring multiple chips, packaging, wires, and external transducers; batteries are often required for energy storage. A constant trend in electronics has been tighter integration of electronic components, often moving more and more functions onto the integrated circuit (IC) itself. This has usually been driven by lower cost and improved electronic functions through the reduction in interconnect parasitics. In the context of implanted electronics, this integration brings additional values through marked increases in this volume efficiency, defined as the amount of functions per unit displaced implant volume.

Here, we seek to push this volume efficiency to the ultimate limit with the monolithic integration of functions, including sensing, energy harvesting and storage, and data telemetry, onto a single complementary metal-oxide-semiconductor (CMOS) IC chip with no external elements. The use of capacitors for energy storage requires a continuous external wireless powering source but eliminates

the need for batteries (16, 17). In our case, the device volume is less than 0.1 mm<sup>3</sup>, comparable to a grain of table salt, improving biocompatibility by reducing foreign body rejection and tissue damage (1), allowing access to limited interstitial spaces (18), and interfering less with the physiological functions to be monitored (19). Implantation procedures reduce to injection, which can be made easier and less invasive (9, 20). At the length scales of these mote devices (linear dimensions less than 600 μm), efficient coupling to radio-frequency or millimeter-wave electromagnetic energy is not possible because wavelengths are substantially larger than achievable antenna sizes. We instead use ultrasound, which attenuates in soft tissues on the scale of only ~0.5 to 1 dB/(cm·MHz) (20, 21). At ~8.3 MHz, a wavelength of only ~185 μm allows efficient coupling to an integrated piezoelectric transducer on the mote. Use of these motes in the context of ultrasound imaging also allows biogeographic locations for the motes to be determined (22). While there are several recent examples of ultrasound-powered implants (20, 21, 23–26), these devices have much lower levels of integration than that developed here and displaced volumes more than 10 times higher in the best case (26).

We demonstrate use of our motes for sensing temperature, both as a vital sign of human health, essential in regulating metabolism and maintaining homeostasis (5, 27), and as a means to understand the thermal effects arising from medical procedures (27). Examples of the latter include characterization of heating-based cancer therapies (28) and therapeutic focused ultrasound (29) (FUS). An emerging therapeutic use of FUS is in neuromodulation, where high-intensity, short-burst FUS (29) is used to activate the nerve bundle. How FUS affects neural activity is still a matter of dispute, but thermal effects are certainly present (30) and must be at least controlled in most cases. Conventional temperature measurement devices, which generally take the form of thermocouple-based temperature probes (28, 29, 31), fail to accurately relay nerve temperature because of their bulky form factors and intrusive nature that interfere with the nerves of interest. While noninvasive techniques, such as magnetic resonance imaging, have been considered for measuring temperature (32, 33), the instrumentation requirements lead to limited applicability (34).

<sup>1</sup>Department of Electrical Engineering, Columbia University, New York, NY 10027, USA. <sup>2</sup>Department of Biomedical Engineering, Columbia University, New York, NY 10027, USA. <sup>3</sup>Department of Microelectronics, Delft University of Technology, 2628 CD Delft, Netherlands. <sup>4</sup>Department of Radiology, Columbia University, New York, NY 10032, USA.

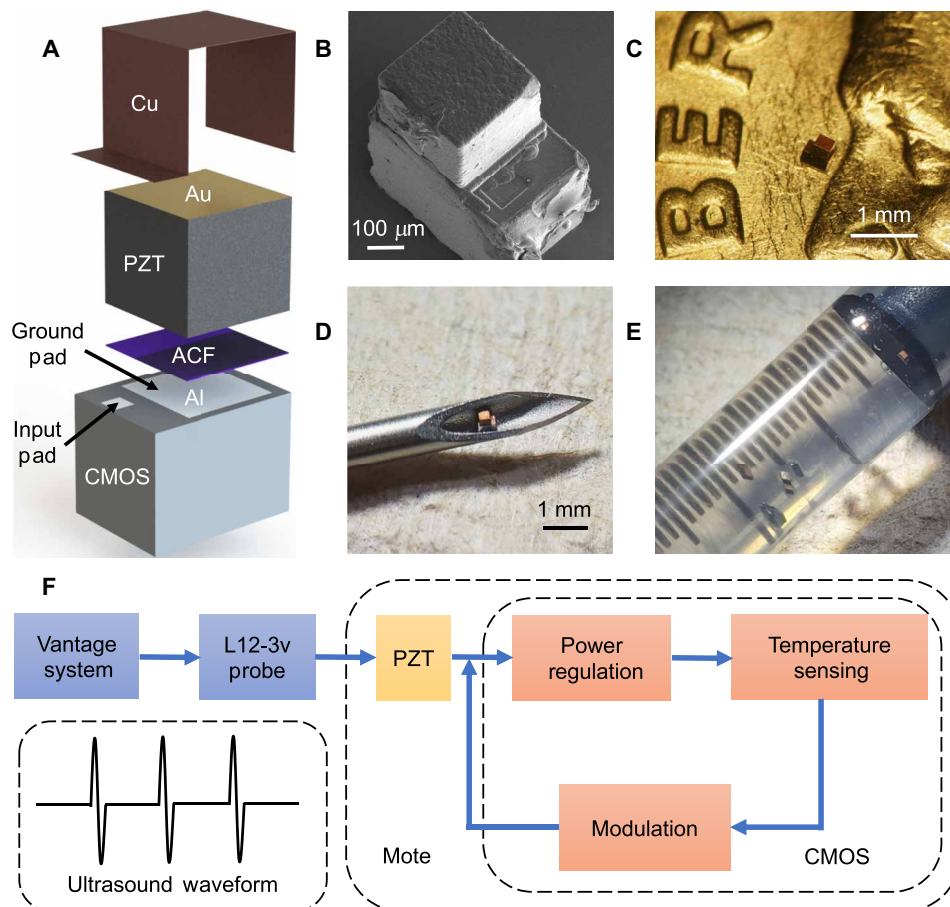
\*Corresponding author. Email: shepard@ee.columbia.edu

## RESULTS

## Design of the monolithic, ultrasonic mote

The mote consists of a temperature sensor IC manufactured in a 0.18- $\mu\text{m}$  bulk CMOS technology monolithically integrated (35) with a microscale piezoelectric transducer made of lead zirconate titanate (PZT) (36). Free from any bonding wires, solder joints, and circuit boards, this 0.3-mg mote measures only 380  $\mu\text{m}$  by 300  $\mu\text{m}$  by 570  $\mu\text{m}$  (0.065  $\text{mm}^3$ ) with direct mechanical and electrical connections between the transducer (300  $\mu\text{m}$  by 300  $\mu\text{m}$  by 267  $\mu\text{m}$ ) and the IC. A deconstructed view of the mote is shown in Fig. 1A. The CMOS IC contains two exposed aluminum (Al) pads connected to the input and ground nodes. The input pad is connected to the top side of the transducer, which is covered in 50 nm of electron beam-deposited gold (Au) and connected to the Al input pad with a 1.2- $\mu\text{m}$ -thick conformal layer of sputter-deposited copper (Cu). The

Al ground pad (250  $\mu\text{m}$  by 250  $\mu\text{m}$ , which defines the effective area of the transducer) is connected to the 50-nm-thick Au-covered bottom side of the transducer using an anisotropic conductive film (ACF). A layer of 8- $\mu\text{m}$ -thick parylene is uniformly deposited over the mote with complete coverage (not shown) to provide biocompatible passivation (2, 37, 38) (see Materials and Methods for a more detailed fabrication protocol and fig. S1 for a detailed fabrication schematic). When ultrasound is applied, an output voltage is generated across the two sides of the transducer to power the IC. Figure 1B is a scanning electron microscope (SEM) image of the mote, also shown in scale in Fig. 1C. Figure 1D shows a mote placed at the tip of an 18-gauge (G) needle (0.84-mm inner diameter), highlighting the highly miniaturized form factor of the device. Figure 1E depicts seven motes loaded into a 1-ml syringe filled with phosphate-buffered saline (PBS) ready for an injection delivery.



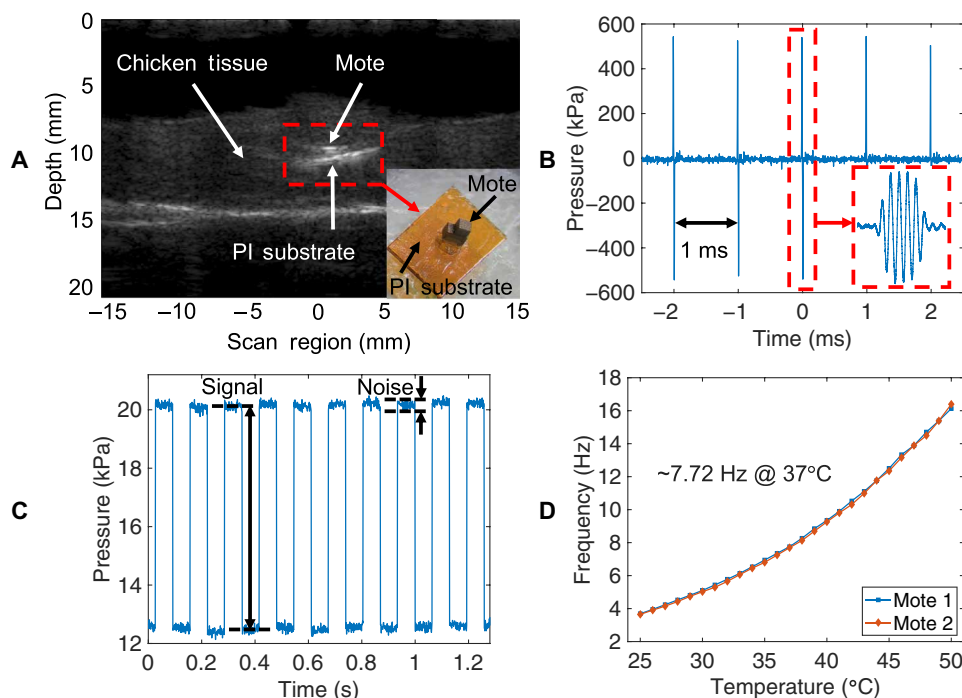
**Fig. 1. Miniaturized, monolithically integrated, fully wireless temperature-sensing motes with ultrasound powering and data communication.** (A) A deconstructed schematic illustration of the major components of a mote, including a CMOS temperature sensor chip with two exposed Al pads, a microscale PZT transducer covered in Au on both sides, an anisotropic conductive film (ACF), and a Cu layer. (B) An SEM image of the mote, where the PZT transducer is monolithically integrated on the surface of the sensor chip (photo credit: Jeffrey Elloian, Columbia University). The mote is 300  $\mu\text{m}$  wide, 380  $\mu\text{m}$  long, and 570  $\mu\text{m}$  thick (0.065  $\text{mm}^3$ ); it weighs 0.3 mg. (C) A picture of a mote placed on a U.S. dime showing the relative size scale (photo credit: Chen Shi, Columbia University). (D) A mote placed at the tip of an 18-G needle (inner diameter, 0.84 mm, outer diameter, 1.28 mm; photo credit: Victoria Andino-Pavlovsky, Columbia University). (E) Seven motes loaded in a 1-ml syringe filled with PBS solution (photo credit: Victoria Andino-Pavlovsky, Columbia University). (F) The system diagram demonstrating the operating principles of such a mote. A Vantage 256 system (Verasonics Inc.) produces a customized ultrasound signal through an L12-3v probe. Such a signal provides power to and receives data from a mote. The embedded sensor chip contains a front-end block to convert the incoming AC signal from the on-chip transducer into a stable DC supply for the rest of the chip, a temperature-sensing block to perform temperature measurements, and a modulation block to transfer the temperature information back to the ultrasound source by actively modifying the input impedance of the integrated PZT transducer.

Figure 1F shows the system architecture and block diagram of the mote. A customized and pulsed ultrasound signal (lower left corner of Fig. 1F) is generated with a commercial ultrasound system (Vantage 256, Verasonics) via an ultrasound imaging probe (L12-3v, Verasonics). In addition to providing power, the imager communicates to the mote with acoustic backscattering (21) through modulation of the on-chip PZT transducer electrical load. The IC itself [see note S1 for detailed circuit schematics and elaboration on circuit design can be found elsewhere (36)] leverages low-power design approaches by operating most of its transistors in the sub-threshold regime [with a gate-source voltage of around 0 V (39)], reducing power consumption to only  $\sim 0.8$  nW at physiological temperature ( $37^\circ\text{C}$ ). To overcome the variations of the incoming ultrasound power, the IC features a power-regulating block at the front end for converting the harvested energy from the PZT transducer to a regulated, constant voltage with a conversion efficiency of better than 71%. This voltage serves as the power supply for a temperature sensor based on a relaxation oscillator. The oscillation frequency of the oscillator is designed to vary with temperature by exploiting the temperature dependence of the leakage current flowing through a subthreshold-biased transistor. This temperature-dependent oscillator controls a modulator, which places either a high impedance (open) or a low impedance (short) across the transducer periodically, resulting in the modulation of the power of the backscattered ultrasound. Such modulation causes the amplitude of the reflected ultrasound echo to vary in the same frequency as the oscillator. At the ultrasound imager, temperature measurements are made by measuring this oscillation frequency, which shows an exponential relationship with temperatures in the form of  $f(T) = AT^{-0.5}(e^{\frac{B}{T}})$ , where  $f$  is the frequency,  $T$  is absolute temperature, and  $A$  and  $B$  are

two process-related, temperature-independent constants (36). A fitting curve can be obtained by calibrating at two different temperatures, and any temperature can be calculated using this fitting curve and the detected oscillation frequency. In addition, the front-end power regulation results in a temperature error of only  $0.088^\circ\text{C}$  (36) within a wide input power range from  $0.07$  to  $0.25$   $\text{mW}/\text{mm}^2$ , expressed as spatial-peak temporal-average intensity ( $I_{\text{SPTA}}$ ).

### In vitro characterization of mote functions

We first characterized the temperature sensing functionality of the motes with an in vitro tissue model. Motes were loaded on a piece of biocompatible polyimide (PI) substrate (inset in Fig. 2A) for handling and separately embedded in a piece of chicken muscle tissue, which was placed on a hot plate for temperature control. The L12-3v ultrasound probe was placed directly above the mote through degassed ultrasound gel. An ultrasound image (Fig. 2A) was formed first to locate the mote, which was  $\sim 3.5$  mm deep in the tissue. A customized ultrasound signal with a duty cycle of  $\sim 0.048\%$  and an  $I_{\text{SPTA}}$  of  $\sim 0.044$   $\text{mW}/\text{mm}^2$  [much lower than  $7.2$   $\text{mW}/\text{mm}^2$ , the safe exposure limit (20, 21)] successfully powered up the mote, which translates to a theoretical maximum implantation depth of  $\sim 5.7$  cm assuming an applied energy of  $7.2$   $\text{mW}/\text{mm}^2$  and a tissue attenuation of  $0.5$   $\text{dB}/(\text{cm}\cdot\text{MHz})$ . In practice, we have only been able to demonstrate implantation depths up to 2 cm with a reasonable output power of  $\sim 1.85$   $\text{mW}/\text{mm}^2$  from the probe primarily because of practical limitations in focusing the incident ultrasound energy and capturing the backscattered signal with a linear-array imaging transducer (see Discussion). This signal, composed of ultrasound pulses separated by 1 ms (Fig. 2B) and configured with a graphical user interface (see note S2), has a pulse repetition rate of 1 kHz,



**Fig. 2. In vitro characterization with two motes embedded in chicken tissues.** (A) An ultrasound image showing the mote embedded in chicken tissue (photo credit: Chen Shi, Columbia University). (B) Waveform of the ultrasound signal used to power up and communicate with the mote. (C) Acoustic backscattering data obtained at  $37^\circ\text{C}$  for 1.28 s showing the signal and RMS noise levels. (D) Temperature curves for two motes from  $25^\circ\text{C}$  to  $50^\circ\text{C}$ .

leading to a minimum detectable change of 1 ms in the oscillation period at a sampling rate of 1 kHz. Each pulse is four cycles at the 8.3-MHz ultrasound carrier frequency (inset in Fig. 2B) with a focal spot size of  $\sim 350\ \mu\text{m}$ , large enough to accommodate motion in the probe while delivering a focused ultrasound power of approximately  $2.75\ \mu\text{W}$  at 3.5-mm depth.

The temperature of the mote was varied from  $25^\circ$  to  $50^\circ\text{C}$  (measured with a reference thermometer placed near the mote), and the acoustic backscattering data was recorded for each swept temperature. A 1.28-s period of backscattering data (1280 data points) measured at  $37^\circ\text{C}$  is shown in Fig. 2C. The signal-to-noise ratio (SNR) is  $\sim 56.6$ , large enough to identify the frequency of this signal. Figure 2D plots the temperature-to-frequency curves for two different motes processed from the same wafer, which show similar temperature dependence with a correlation coefficient of 0.9998. The average frequency at  $37^\circ\text{C}$  is  $\sim 7.72\ \text{Hz}$ , and the average temperature sensitivity is  $\sim 0.45\ \text{Hz}/^\circ\text{C}$  ( $5.83\%/^\circ\text{C}$ ) at this temperature. The average temperature resolution was measured to be  $\sim 0.049^\circ\text{C}$  [root mean square (RMS)] at  $37^\circ\text{C}$  (see note S3), and the average temperature error was found to be approximately  $+0.044/-0.040^\circ\text{C}$  from  $31^\circ$  to  $35^\circ\text{C}$  (see note S4), both sufficient for physiological temperature measurements (40–42). If a higher temperature error is tolerable for certain applications, then the mote can operate from  $25^\circ$  to  $50^\circ\text{C}$ , which covers all the relevant physiological temperatures (5) with a maximum temperature error of approximately  $\pm 0.2^\circ\text{C}$ .

With an 8.3-MHz operating frequency, the lateral resolution of the imager is  $\sim 280\ \mu\text{m}$  and the focal spot size is  $\sim 350\ \mu\text{m}$ , both of

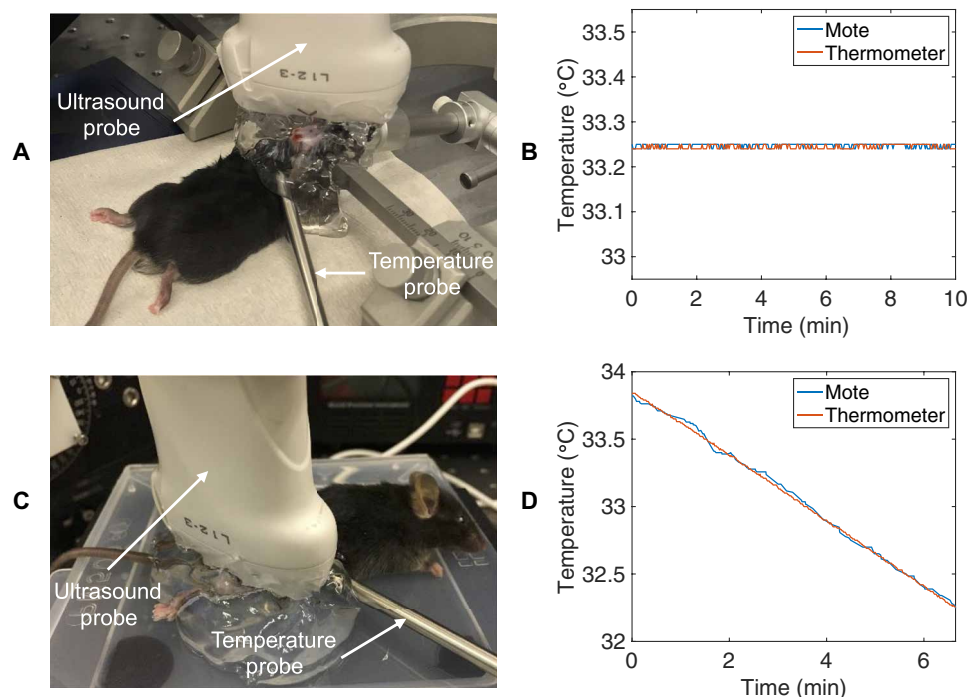
which are smaller than the physical device size of the motes. The spatial resolution of the sensor is given by the device's linear dimension, which is  $\sim 380\ \mu\text{m}$ . In *in vitro* experiments, we have been able to demonstrate performance of two motes spaced less than  $10\ \mu\text{m}$  apart.

The maximum temporal resolution to measure changes in temperature for these sensors is determined by the oscillation frequency with a minimum of one oscillation cycle required for measurement. Therefore, the temporal resolution is 130 ms at  $37^\circ\text{C}$  as determined from an oscillation frequency of  $\sim 7.7\ \text{Hz}$ . Such resolution, comparable to other biomedical sensors (5, 6), is sufficient for most sensing application with slowly varying physiological temperature changes.

### In vivo evaluation in mice

Motes were then deployed in laboratory mice to evaluate their temperature sensing performance in several anatomical locations and as a tool to measure local heating in the context of FUS neuromodulation of the sciatic nerve. In all these experiments, degassed and warmed ultrasound gel (see Materials and Methods) was used as the coupling medium for transmitting ultrasound, and a heating pad was used to maintain the animal's proper body temperature.

One of the concerns with using motes for temperature measurement is that the motes themselves will result in local heating at the incident ultrasound pressure required for operation. To confirm that this is not the case, motes were calibrated for temperature measurement (see note S4) and implanted in two representative anatomical locations, the brain (see Materials and Methods and fig. S6) and the hindlimb (see Materials and Methods and fig. S7). Figure 3A shows the experimental setup for testing on the brain. The L12-3v

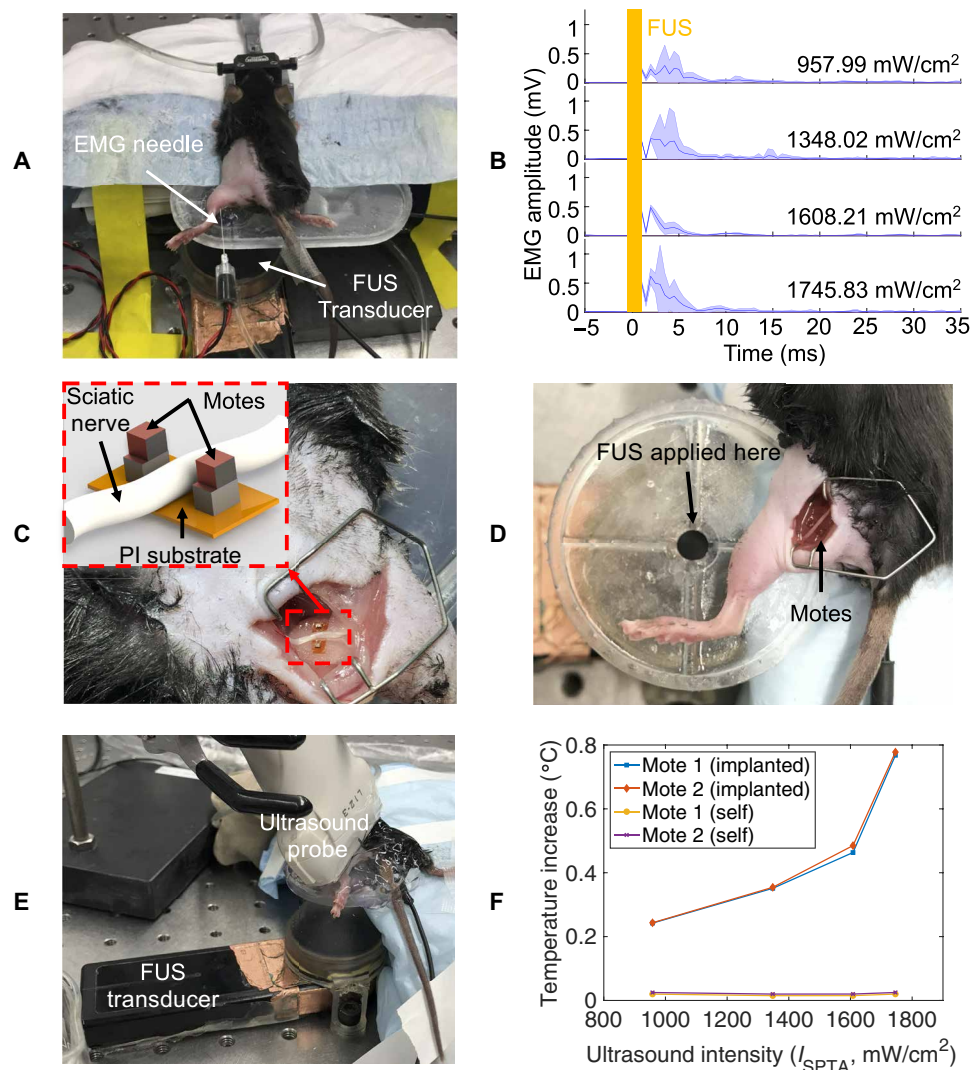


**Fig. 3. In vivo characterization with motes implanted on the brain and in the hindlimb for measuring core body temperature.** (A) The experimental setup with a mote implanted on the brain of a mouse (photo credit: Chen Shi, Columbia University). (B) A continuous temperature recording with the mote implanted on the brain compared to the reference temperature. (C) The experimental setup with a mote implanted in the hindlimb of a mouse (photo credit: Chen Shi, Columbia University). (D) A continuous temperature recording with the mote implanted in the hindlimb compared with the reference temperature.

probe was positioned at a 5-mm distance from the mouse head to deliver power and communicate to the implanted mote. An external temperature probe was inserted subdermally in the neck area for reference temperature recording. An ultrasound power density of  $0.032 \text{ mW/mm}^2$  at the probe was used in this case. The temperature recorded from the mote compares well with the reference temperature, indicating that the device is not artificially heating the surrounding tissue (Fig. 3B). The body temperature in the hindlimb was measured in a similar way (Fig. 3C). In this case, we also removed the heating pad at the start of the measurement, resulting in a decrease in the measured body temperature (Fig. 3D).

We further evaluated the use of the motes for temperature measurement during FUS neuromodulation of the sciatic nerve. Neuromodulatory effects were evoked by applying ultrasonic pulse trains of

1-ms pulse duration and 10-Hz pulse repetition frequency directly at the hindlimb to induce muscle contractions in the gastrocnemius muscle of the lower hindlimb (Fig. 4A), as confirmed with electromyography (EMG) recordings with a needle electrode (43). A single 3.57-MHz ultrasound transducer and a coupling cone for focusing are used for this stimulation (see Materials and Methods). Figure 4B shows the EMG responses with four different stimulation intensities (expressed as  $I_{\text{SPTA}}$ ), where higher ultrasound intensities lead to higher excitation peak amplitudes in the EMG recordings. One of the key mechanistic questions for FUS neuromodulation is the relative role of mechanical and thermal effects (30); therefore, monitoring local heating at the site of stimulation is important. For temperature monitoring during FUS, two motes were implanted (see Materials and Methods), one at each side of the nerve at the site of stimulation



**Fig. 4. In vivo characterization with motes implanted at the sciatic nerve for temperature monitoring during FUS stimulation.** (A) The experimental setup for measuring the EMG responses in the leg of a mouse with FUS stimulation at the sciatic nerve (photo credit: Chen Shi, Columbia University). (B) EMG signals recorded with FUS stimulation at the sciatic nerve. (C) Implantation of two motes at the sciatic nerve (photo credit: Victoria Andino-Pavlovsky, Columbia University). Inset: Cartoon illustration of the implantation strategy. (D) Illustration of applying FUS from beneath the sciatic nerve (photo credit: Victoria Andino-Pavlovsky, Columbia University). (E) The experimental setup to measure temperature increases with FUS stimulation (photo credit: Chen Shi, Columbia University). (F) The temperature variations of two implanted motes under four different FUS stimulation intensities in comparison to their self-heating effects measured in vitro.

(Fig. 4C). The same four stimulation intensities used for the EMG recordings were again applied directly at the sciatic nerve where the motes were implanted to induce neuromodulation (Fig. 4D).

The temperature profile during stimulation was also recorded using the L12-3v probe and the implanted motes (Fig. 4E). Temperature increases at the sciatic nerve were calculated by subtracting the temperature measured immediately before FUS exposure from the value measured immediately after FUS exposure. As shown in Fig. 4F, both motes show higher levels of heating with higher ultrasound stimulation intensity, with heating as high as  $\sim 0.77^{\circ}\text{C}$  observed at an ultrasound intensity of  $1745.83\text{ mW}/\text{cm}^2$ . To control for the possibility that the implanted motes were resulting in additional heating under FUS stimulation, the same FUS pulses were directly applied in vitro to the motes embedded in ultrasound gel (see fig. S8), and negligible temperature increases were observed (Fig. 4F). This control experiment confirms that the temperature measured from the implants originates from FUS effects on the tissue rather than the mote itself.

## DISCUSSION

This work presents a low-power, fully wireless mote with a monolithically integrated PZT ultrasound transducer for temperature monitoring. With a sub-1-nW power consumption and a volume of only  $0.065\text{ mm}^3$ , sub-50-mK temperature resolution and accuracy are achieved, with ultrasound energy harvesting for powering and backscatter for data telemetry. In vivo use of the device as an implantable temperature sensor was demonstrated in mice at two anatomical locations, the brain and the hindlimb.

Biocompatibility of an implant is improved both by minimizing displaced volume and by encapsulant coatings. Aggressive miniaturization was one of the major goals of this effort. Direct integration of the transducer on a CMOS IC chip achieves the most volume efficient design possible while enabling syringe injection with a needle as small as 18 G (see Materials and Methods and fig. S9) and operation at depths of up to 2 cm in tissue (see Materials and Methods and fig. S10). Functionality at greater tissue depths could be achieved with further reduction in the device power consumption, a reduction in the ultrasound operating frequency (which could lead to an increase in device size), and the application of two-dimensional ultrasound imaging array for more effective focusing of ultrasound energy to the implanted motes and more effective capture of the backscattered signals.

Biocompatible encapsulation with parylene ensures device functionality in the electrolytic environment of interstitial fluid. Parylene, as a common protective coating for biomedical devices, such as stents, pacemakers, and neural interfaces (37), is chemically and biologically stable, mechanically flexible, and CMOS compatible (38). It can be conformally deposited as thin films (2). The thicker the parylene film, the more effective the layer can be expected as an encapsulant. Parylene thickness, however, is limited by ultrasound attenuation through this film (24). We choose an 8- $\mu\text{m}$ -thick parylene coating, which has minimal impact on ultrasound transmission (thickness is much smaller than the ultrasound wavelength at the operating frequency). Continuous soaking of a device in  $1\times\text{ PBS}$  for  $>21$  days showed no functional or performance impacts with long-term stability for temperature measurement of  $<138.6$  parts per million (36).

Angular orientation between the imager and the mote does affect the delivered power to the mote, which harvests maximum pressure

when it is well aligned to the ultrasound source with a  $0^{\circ}$  incidence angle as the preferred configuration. A higher level of ultrasound power is needed to account for lower received pressure at a nonzero incidence angle [an incidence angle of  $\pm 20^{\circ}$  requires eight times higher ultrasound intensity for activating the mote (36); see fig. S11]. However, aligning the ultrasound source to the mote is challenging in an implantation scenario as mote orientation is not easily controlled during injection and can vary with time in vivo. This will be improved with the future use of a two-dimensional imaging array, which will allow the mote to work over a wide range of incidence angles at considerably lower power levels.

We have shown the use of these devices for monitoring temperature at the site of stimulation during FUS therapeutics, a rapidly growing area of investigation in medicine. FUS therapeutics depend on both thermal and mechanical effects and include, for example, thermal ablation and drug delivery through the blood-brain barrier (43). Depending on the duty cycle, pulse width, and intensity, thermal effects can be minimized in favor of mechanical effects, such as cavitation (44) and acoustic radiation forces (45), to achieve desired therapeutic outcomes. Local temperature monitoring at or near the site of stimulation could play an important role in these therapeutic applications (43).

The motes developed here demonstrate the volume efficiency possible with devices that fully exploit transducer integration, wireless powering, and backscatter-based telemetry with ultrasound. These motes can easily be extended to in vivo wireless sensing of other types of biological parameters including pH and chemical sensing.

## MATERIALS AND METHODS

### Device microfabrication

The fabrication of the sensing motes (see fig. S1 for a schematic illustration) uses a sheet of commercially available PZT material (7.24 cm by 7.24 cm by  $267\text{ }\mu\text{m}$ ; PZT-5H, Piezo Systems Inc.) and CMOS dies (4 mm by 3.2 mm by  $300\text{ }\mu\text{m}$ ; TSMC), each containing an array of 10 replicas of the same temperature sensor chip for mass-producing the motes. The PZT sheet, covered in 50 nm of nickel on both sides, is first dipped into ferric chloride for 5 s to remove the nickel layer, followed by photolithography with a 1.2- $\mu\text{m}$ -thick AZ-1512 photoresist (MicroChemicals) to pattern arrays of  $300\text{ }\mu\text{m}$  by  $300\text{ }\mu\text{m}$  openings on the top side of the PZT sheet (fig. S1A). Electron-beam evaporation of a 10-nm chromium (Cr) adhesion layer and a 50-nm Au layer is performed (fig. S1B), followed by a lift-off process in acetone to create Cr/Au contacts matching the ground pads of the temperature sensor chips in the CMOS dies (fig. S1C). Such process is repeated on the bottom side of the PZT sheet to create contacts vertically aligned with those on the top side. A dicing saw (DAD3220; Disco) with a blade suitable for PZT (Z09-SD2000-Y1-90) with a kerf of  $50\text{ }\mu\text{m}$  (14000 spindle, 3 mm/s feed speed) is used to dice the sheet into 4 mm by 3.2 mm pieces. Subsequently, a piece of ACF (4 mm by 3.2 mm, TFA220-8, H&S High Tech) is placed on the bottom side of a diced PZT piece with complete coverage and adhered to the PZT using a die bonder (Fineplacer Lambda, Finetech) with 0.1 N of force at  $80^{\circ}\text{C}$  for 5 s (fig. S1D). The PZT piece is then diced  $\sim 60\text{ }\mu\text{m}$  into its bottom side (fig. S1E) and precisely aligned and bonded to a CMOS die through the ACF to match the metal contacts on PZT with the corresponding ground pads on the die (fig. S1F). The ACF allows conduction in the vertical direction but not lateral directions to avoid shorting adjacent pads.

This bonding process is performed using the same die bonder with a 100-N force at 150°C for 5 s. The parts of PZT not directly on top of the grounding pads are diced away from the top side to create free-standing microscale PZT transducers (fig. S1G). Afterward, sputter deposition of a 9-nm Cr adhesion layer and a 1.2- $\mu\text{m}$  Cu layer is performed over the entire die surface to form the electrical connections between the top surfaces of the PZT transducers and the input pads for the 10 temperature sensor chips on the die (fig. S1H). These monolithically integrated sensor chips are then separated with the dicing saw along the chip edges to create individual sensing motes (fig. S1I). Last, an 8- $\mu\text{m}$ -thick parylene layer is conformally deposited all over these sensing motes to provide biocompatibility for in vivo applications.

### SEM image

The image seen in Fig. 1B was taken on an FEI Nova NanoSEM 450 SEM. The sample was prepared by mounting a sensing mote to a glass coverslip (25 mm by 25 mm by 0.2 mm) with double-sided Kapton tape. To prevent charging of the surface, a sputter coater (Cressington 108) was used to conformally deposit a 6-nm layer of Au. This was then imaged in the SEM at a working distance of 4.9 mm from the surface, with an acceleration voltage of 5 kV. The spot size was 18  $\mu\text{m}$ , and the image was taken in secondary electron imaging mode, using the Everhart-Thornley Detector. The scanning dwell time was set to 1  $\mu\text{s}$ .

### Preparation of ultrasound gel

The ultrasound coupling gel (Aquasonic 100, Parker Laboratories Inc., Fairfield, NJ) was degassed and warmed. To remove the air bubbles inside the gel, which heavily attenuate ultrasound, gel was centrifuged at 3000 rpm for 1 hour at 22°C. In addition, the degassed gel was microwaved for 8 s to warm it up to the body temperature of mice before use.

### Tissue measurements

A mote was embedded in chicken or pork muscle tissue loaded in a three-dimensional (3D)-printed case or a cylindrical glass container, respectively. The case/container was filled with degassed water for ultrasound transmission and the L12-3v ultrasound probe was positioned directly above the mote. An ultrasound image was first formed to indicate the mote location (see Fig. 2A and fig. S10A). A customized ultrasound signal was configured to contain duty-cycled pulses separated by 1 ms, where each pulse consists of four cycles of ultrasound at the 8.3-MHz operating frequency. This signal with an  $I_{\text{SPTA}}$  of  $\sim 0.044 \text{ mW}/\text{mm}^2$  was used to power the embedded mote in the chicken tissue at a  $\sim 3.5\text{-mm}$  implantation depth, while an  $I_{\text{SPTA}}$  of  $\sim 1.85 \text{ mW}/\text{mm}^2$  was used to provide power to the mote in pork tissue at a  $\sim 2\text{-cm}$  depth. Transmission was done by phasing 128 elements in the probe to focus the energy at the mote location. Backscattered data were picked up by the single element of the probe with the highest backscattered signal return or SNR (see Fig. 2C and fig. S10B).

### Incidence angle measurements

A mote was mounted in a 3D-printed case filled with degassed water for ultrasound transmission. The L12-3v probe was controlled by a rotation stage and placed  $\sim 2.2 \text{ cm}$  above the mote to sweep from  $-20^\circ$  to  $20^\circ$  with respect to the central axis of the mote, while the minimum energy to activate the mote and the corresponding SNR for each measured angle were recorded.

### Surgical procedures

The Institutional Animal Care and Use Committee (IACUC) reviews and approves protocols for Columbia University's programs for the humane care and use of animals and inspects the animal facilities and the research laboratories. Evaluation of the implanted motes was performed in compliance with IACUC regulations under the approved protocol of AC-AAAZ0451. Mice were obtained from the Jackson laboratory and housed in the Institute of Comparative Medicine facility of Columbia University. Surgeries were performed in animals 3 to 8 weeks old.

### Skull implantation

Mice were anesthetized with urethane (1 g/kg) administered intraperitoneally. While head-fixed by means of a Kopf stereotaxic apparatus, fur was removed with hair-removal cream, the scalp was cut open, and a 1.5 mm by 1.5 mm cranial window was drilled using 0.5-mm bits (fig. S6A). A single mote fixed to a 1 mm by 1 mm substrate was then placed on the exposed brain and fixed to the cranial window (fig. S6B). The scalp was then closed, covering the implanted device (fig. S6C).

### Muscle implantation

Mice were anesthetized with urethane (1 g/kg) administered intraperitoneally. The hindlimb was fixed to an acrylic base by means of cyanoacrylate glue to minimize movement caused by breathing. The skin and underlying tissue were cut open with fine scissors, and the mote fixed on a 1 mm by 1 mm substrate was placed between the skin and the muscle, without further fixation. The skin was closed, covering the device (see fig. S7).

### Sciatic nerve implantation

Mice were anesthetized with isoflurane (1 to 5%, v/v). The hindlimb was fixed with glue to a plastic base. An incision was made right under the femur, and the muscle was cut open to expose the sciatic nerve. Once the sciatic nerve was exposed, it was gently lifted using curved tweezers, and a PI substrate ( $\sim 1 \text{ mm}$  by  $3 \text{ mm}$ ) with two motes attached was carefully placed under the nerve. A cartoon illustration of the strategy for such implantation is shown in the inset of Fig. 4C. The motes were fixed with glue to the two edges of the substrate, leaving a space in the middle to accommodate the sciatic nerve. In such a way, each mote was conveniently located at each side of the nerve (Fig. 4C) to record temperature changes right at the nerve during FUS stimulation (Fig. 4E). In addition, a saline solution was applied to the incision to prevent the nerve from drying out during the experiment.

### Neuromodulation

The mouse hindlimb was placed on top of a custom 3D-printed FUS coupling cone filled with degassed water (Fig. 4, A and E). The cone was designed for a 3.57-MHz therapeutic ultrasound transducer (SU-107; SonicConcepts, Bothell, WA) where the focus, indicated by cross-hairs on the cone itself (Fig. 4D), was aligned with the sciatic nerves inside the lower hindlimb. The transducer was connected to a function generator (33120A; Agilent, Santa Clara, CA) and RF amplifier (A150; E&L, Rochester, NY) for generating ultrasound pulses with 3.57-MHz operating frequency and 1-ms pulse duration. Four stimulation intensities (957.99, 1348.02, 1608.21, and 1745.83  $\text{mW}/\text{cm}^2$ ) were used in accordance with parameters found successful in a previous neuromodulation study (43) to stimulate the sciatic nerves at intensities proven safe under histological examination. Neuromodulation outputs were recorded using a needle EMG electrode (Biopac, CA), and the corresponding temperature changes were recorded by the implanted motes at the sciatic nerve (Fig. 4, B and F, respectively).

## Intramuscular injection of the mote

Mice were anesthetized with urethane (1 g/kg) administered intraperitoneally. The hindlimb was fixed to an acrylic base by means of cyanoacrylate glue to minimize movement caused by breathing. A 1-ml syringe was loaded with saline solution containing seven motes (Fig. 1E). The injection was performed right below the femur to target the sciatic nerve (fig. S9A) using an 18-G needle (inner diameter, 0.84 mm; outer diameter, 1.28 mm; Fig. 1D). Following the injection, the skin and the underlying muscle were cut open with fine scissors to confirm the motes' location right next to the nerve (fig. S9B).

## SUPPLEMENTARY MATERIALS

Supplementary material for this article is available at <http://advances.sciencemag.org/cgi/content/full/7/19/eabf6312/DC1>

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**Author contributions:** C.S. and K.L.S. conceptualized the study and performed data analysis. C.S. designed and tested the circuits, fabricated the fully integrated motes, conducted ultrasound characterization, performed experimentation, and wrote the paper. V.A.-P. and S.A.L. assisted in in vivo experiments. T.C. and J.E. assisted in device fabrication, ultrasound characterization, and in vitro experiments. S.A.L. and E.E.K. provided advice for FUS-based neuromodulation and guidance for in vivo experiments. K.L.S. provided overall supervision and guidance. All the authors provided comments and edited the manuscript. **Competing interests:** C.S. and K.L.S. are listed as inventors on a patent filed by Columbia University (patent no. US 10,898,168 B2, published 26 January 2021). The other authors declare that they have no competing interests. **Data and materials availability:** All data needed to evaluate the conclusions in the paper are present in the paper and/or the Supplementary Materials.

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## Application of a sub–0.1-mm<sup>3</sup> implantable mote for in vivo real-time wireless temperature sensing

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